

ALCOHOL IN FOODS

When alcohol is added to a dish, some of it evaporates and some remains behind in the dish. How much remains behind depends on how long the dish is cooked after the addition of alcohol.

Cooking Method	Alcohol Remaining
Alcohol added to boiling liquid and removed from the heat	85%
Flamed	75%
Stirred in and baked or simmered for:	
15 minutes	40%
30 minutes	35%
45 minutes	30%
1 hour	25%
1 1/2 hours	20%
2 hours	10%
2 1/2 hours	5%